**Jaguar Volleyball**

**August 2024 Schedule**

NO ONE will be allowed to tryout without a physical. Make sure to take care of this BEFORE the first day of tryouts. Attendance at all sessions (according to level) is mandatory. Please check the FMHS volleyball website and/or twitter for any updates over the summer.

**TRYOUTS** *AUGUST 5TH -* 7:45 am – 9:00 am…. All levels– conditioning (7:45-8:00) and skills (8:00-9:00)

 10:30-12:00…. ALL GRADE LEVELS (Arena)

 4:00-5:30pm…… ALL GRADE LEVELS (Arena)

**TRYOUTS** August 6TH - 7:30 am – 10:00 am….All levels SKILLS (meet in ARENA)

 4:00-5:30pm…. VARSITY WILL PRACTICE

**\*Teams will be announced after the AM session on TUESDAY, August, 6th**

*August 7th - Team practices 8:00 am – 10:00 am*

 *Team practices 4:00 pm – 5:30 pm*

***August 8th:* Team practices 8:00 am – 10:00 am**

 **Team practices 4:00 pm – 5:30 pm**

**August 9th - Team Practices 8:00-10:00**

**HOME Scrimmages vs Highland Park and Lovejoy- start time of 1:00 pm**

# August 10th: 8:30 – 11:00 PRACTICES

 WELCOME LUNCHEON 11:15

*August 12th: Practice 8:30 am – 10:30 am*

 *Home matches vs Byron Nelson*

 *Walk thrus and set up starts at 1:30 pm*

*August 13th:* **FIRST DAY OF SCHOOL**

 **FRESHMEN REPORT TO STUDY HALL**

 **V – WALK THRUS 4TH PEROD**

 **MATCHES AT ALLEN ALL TEAMS**

*August 14th* - FRESHMEN VOLLEYBALL REPORT TO NAVY GYM FIRST PERIOD

JV PRACTICE 2:15-4:00

VARSITY PRACTICE 4TH AND DEPART TO ROCKWALL AFTER PRACTICE

August 15th – 17th – BATTLE OF THE ROCK VARSITY TOURNEY

August 15th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

August 16th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

August 19th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

 **VARSITY PRACTICE 4TH AND AFTER SCHOOL**

August 20th - **FRESHMEN WALK THRUS DURING 1ST PERIOD**

 JV/VARSITY WALK THRUS DURING 4TH PERIOD

 HOME MATCHES VS KELLER

August 21st - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

 **VARSITY PRACTICE 4TH AND AFTER SCHOOL**

August 22nd – 24th – NWISD VARSITY TOURNEY

August 22nd - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

August 23rd - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

August 24th – SOUTHLAKE JV TOURNEY

August 26th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

 **VARSITY PRACTICE 4TH AND AFTER SCHOOL**

August 27th - **FRESHMEN WALK THRUS DURING 1ST PERIOD**

 JV/VARSITY WALK THRUS DURING 4TH PERIOD

 HOME MATCHES VS SOUTHLAKE

August 28th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

 **VARSITY PRACTICE 4TH AND AFTER SCHOOL**

August 29th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**

 **VARSITY PRACTICE 4TH AND AFTER SCHOOL**

August 30th – 31st – GCISD VARSITY TOURNEY

August 30th - *FRESHMEN VOLLEYBALL PRACTICE 7:30-9:30 AM*

**JV PRACTICE 2:15-4:30**